

# Smoking Cessation

## **Michigan Tobacco Quitline**

Free counseling and nicotine replacement therapy (NRT) may be available to certain callers. 1-800-QUITNOW or 1-800-784-8669  
1-855-DÉJELO-YA or 1-855-335-3569 Spanish

## **Michigan Department of Health and Human Services**

This page includes information about a number of MDHHS resources that can help. If you have questions about what you see, or if you would like to order educational materials for your organization, including flyers, Quitline cards, and other materials, please email MDHHS-QuitKit@michigan.gov.

Website [Link](#)